Doctor Discussion Guide

We've created a helpful Doctor Discussion Guide, print it out and bring it with you on your next visit. Be sure your doctor is aware of any prescription medications, over-the-counter medications or vitamin supplements you may be taking.

1. Are the symptoms I am experiencing related to Low T?
(feel free to discuss your results from the Low T Symptoms Quiz with your doctor)

2. Do I have any conditions that are commonly associated with Low T?

3. Can you order the blood test that measures my total testosterone and the free testosterone in my body?

4. Are there any other changes I can make in my diet, fitness and lifestyle to help address Low T?

5. What medical treatment options are available if I have Low T?

6. What is the difference between the different testosterone replacement therapies?

7. Take a moment to include any additional questions you may have for your doctor.

Notes: